What is claimed is:

5

10

- 1. An auxiliary saddle stirrup for facilitating mounting of a horse having a saddle secured thereon, comprising:
- a strap having an upper end and a lower end, the upper end being attachable to the saddle at a location rearwardly remote from a primary stirrup on the saddle;
- a foot loop on the lower end of the strap so as to be positioned behind and below the primary stirrup when the strap hangs down from the saddle.
- 2. The saddle stirrup of claim 1 wherein the strap has an adjustable length.
- 3. The saddle stirrup of claim 1 wherein the strap has at least two elongated members adjustably secured together so that the length of the strap may be altered.
- 4. The saddle stirrup of claim 3 further comprising a buckle to secure the elongated members together.
 - 5. The saddle stirrup of claim 1 wherein the loop includes a friction surface to prevent slipping.
- 20 6. The saddle stirrup of claim 1 wherein the upper and lower ends each includes a snap to secure the ends together in a storage position.
 - 7. The saddle stirrup of claim 1 wherein the upper and lower ends of the strap are adapted to be releasably connected together.
 - 8. A saddle comprising:

a seat;

25

30

a primary stirrup hanging downwardly from the seat; and an auxiliary stirrup hanging downwardly from the seat behind and below the primary stirrup.

- 9. The saddle of claim 8 further comprising a ring on the saddle behind the seat, the auxiliary stirrup being secured to the ring.
- 10. The saddle of claim 8 wherein the auxiliary stirrup has an adjustable length.

5

20

- 11. The saddle of claim 8 wherein the auxiliary stirrup has upper and lower ends adapted to be secured together in a storage position.
- 12. The saddle of claim 11 wherein each of the upper and lower ends includes a snap to snap the ends to one another.
 - 13. The saddle of claim 8 wherein the auxiliary stirrup includes an elongated strap having an upper end and a lower end with a foot loop thereon.
- 15 14. The saddle stirrup of claim 13 wherein the strap has at least two elongated members adjustably secured together so that the length of the strap may be altered.
 - 15. The saddle stirrup of claim 14 further comprising a buckle to secure the elongated members together.
 - 16. The saddle stirrup of claim 13 wherein the loop includes a friction surface to prevent slipping.
- 17. The saddle of claim 13 wherein the upper end of the strap is releasably connected to the saddle seat.
 - 18. A method for a rider to mount a horse having a saddle secured thereto, comprising: placing the rider's right foot into a first stirrup hanging from the saddle; then stepping up on the first stirrup; then

placing the rider's left foot into a second stirrup hanging from the saddle, the first stirrup being behind and below the second stirrup, and without crossing the rider's legs; then

stepping up on the second stirrup,

5 removing the right foot from the first stirrup; and then swinging the rider's right leg over the horse so that the rider is seated in the saddle.